

Curriculum Vita



Personal Data

First name: **Shahpar**
Family name: **Bagheri**
Place of Birth: **Shiraz**
Nationality: Iran
Marital status: Married

Work Address

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I. Education

Years	Degree	Institution	Location
Now	PhD	Shiraz University of Medical science	Shiraz Iran
2008-2011	MSc of Nursing	Shiraz University of Medical science	Shiraz Iran

II. Professional experience

Years	Position	Institution	Location
2010 - Up to now	Nursing lecturer and clinical instructor	Shiraz University of Medical sciences	School of Nursing and Midwifery
2004- 2010	nurse and supervisor	Shiraz University of Medical sciences	Mohrrary psychiatric Hospital
2009- 2011	Nursing lecturer	Azad University	Firozabad

III. Teaching experiences

Years	Course	Students	University	College
2020- Up to now	The principles of neonatal nursing care	Post graduate Msc neonatal students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - Up to now	Applying Nursing theories in neonatal care	Post graduate Msc neonatal students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - Up to now	Family development and health	Post graduate Msc pediatric students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2011 - Up to now.	Nursing Healthy Children	Undergraduate Bsc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2011 - Up to now.	Nursing Sick children	Undergraduate Bsc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2015 - Up to now	Nosocomial infection control	Undergraduate Bsc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2009-2011	Mental Health	Undergraduate Bsc nursing students	Azad University	Firozabad
2009-2011	Psychiatric Nursing	Undergraduate Bsc nursing students	Azad University	Firozabad
2009-2011	Psychology	Undergraduate Bsc nursing students	Azad University	Firozabad

IV. Honors and Awards

1. Top educational process of Motahari festival in 2012.
2. Top educational process of Motahari festival in 2015

V. Membership

1. Member of Community-based Psychiatric Care Research Center, Iran.
2. Member of Iranian Nursing Organization and International Council of nurses.

VI. Publications:

A. Dissertations

1. The Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia 2009.
2. Designing and evaluating of health improvement program in caregivers of patients with schizophrenia based on Watson' theory: a mixed method study2019

B. Articles

1. Bagheri, S., Zarshenas, L., Rakhshan, M., Sharif, F., Sarani, E. M., & Shirazi, Z. H. (2020). Translation, Cultural Adaptation and Validation of the Caregiver Well-Being Scale (CWBS) in Iranian Schizophrenia Caregivers: A Methodological and Cross-Sectional Study.
2. Tavakol N, Molazem Z, Rakhshan M, Asemani O. Moral Distress in Iranian Psychiatric Nurses: A Content Analysis. *Iran J Psychiatry Behav Sci.* 2022;16(3):e121885. <https://doi.org/10.5812/ijpbs-121885>.
3. Bagheri, S., Mosallanezhad, M., Barzgar, F., & Amiri, A. The effect of spiritual education on anxiety, depression and glycemic control in type 2 diabetic patients: a randomized controlled study. *Family Medicine & Primary Care Review*, 23(3), 284-289.
4. Hadian Shirazi, Z., Ghasemloo, H., Razavinejad, Seyyed Mostajab Razavinejad, Nasrin Sharifi & Shahpar Bagheri. The effect of training the fathers to support their wives on stress and self-efficacy in mothers of premature newborns hospitalized in NICU: a quasi-experimental study. *BMC Pregnancy Childbirth* 22, 102 (2022).
5. Rambod, M., Pasyar, N., Zarshenas, L., Bagheri, S., & Ramzi, M. (2022). Description and interpretation of the lived experience of hematopoietic stem cell transplantation, focusing on before, during, and after transplantation: A hermeneutic phenomenological approach.
6. Bagheri S, Ghobadimoghadam S. Safety and Health Protection of Health Care Workers during the COVID-19 Pandemic. *Int J Community Based Nursing and Midwifery* 2020; 8(4), 362-3.
7. Torabizadeh K, Nick N, Vizesfar F, Jamalimoghadam N, Bagheri S. Effectiveness of an Educational Intervention to Increase Human Papillomavirus Knowledge and Attitude in Staff and Nursing Students. *Journal of Community Health Nursing.* 2020; 37(4), 214–221.
8. Yazdanpanahi Z, Beygi Z, Bagheri S, Akbarzadeh M. An investigation into the correlation of marital adaptation with stress, anxiety, depression and sexual function and its components. *Fam Med Prim Care Rev* 2019; 21(3): 264–269.
9. Bagheri Sh, Beheshtipoor N, Rambod M & et al. The Quality of Life of Children with Hemophilia. *Int J Community Based Nursing and Midwifery.* 2013; 1:110-20.
10. Beheshtipoor N, Bagheri Sh, Hashemi F& et al. The Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia. *Int J Community Based Nursing and Midwifery.* 2015; 3(2):150-5.
11. Bagheri sh, Ghobadi moghadam sh, Parvaresh zamin H & et al. The Effect of communication skills training to nurses on the patients' satisfaction in Moharreri hospital, *journal of sepidpooshansabz.*2016; 46:101-111.
12. Bagheri sh, Ghobadi moghadam sh. Needs assessment in educational planning.
 - i. *Journal of sepidpooshansabz.*2009;34: 34-38.
13. Bagheri sh, *The H1N1 influenza pandemic* . *Journal of sepidpooshansabz.*2008;30: 1-10.

VII. Presentations in Congress

1. Poster title: Translation, cultural adaptation, and validation of the Caregiver Well-being Scale (CWBS) in Iranian Caregivers of Schizophrenia Patients: A methodological and cross-sectional study 2021. The 7th Research Student Congress of the Southwest region of the country. Shiraz University of Medical Sciences, Shiraz, Iran,
2. Poster title: Design and evaluation of health promotion program for caregivers of patients with schizophrenia 2021. The 1st international and 14th student conference on new health sciences of the country. Shiraz University of Medical Sciences, Shiraz, Iran.
3. Poster title: What are the effects of exercise trainings for musculoskeletal improving and rehabilitation in women with osteoporosis? The 9th international conference on Woman's Health. Shiraz University of Medical Sciences, Shiraz, Iran, 2020
4. Poster title: What is the anti-osteoporotic effects of herbal medicine in the woman? The 9th international conference on Woman's Health. Shiraz University of Medical Sciences, Shiraz, Iran, 2020.
5. Poster title: Adolescent mental health support during the COVID-19 pandemic. The 1st conference of health knowledge production, confronting covid-19 and governing the post-corona world. 2020-11-10 by Islamic Azad University of Najaf Abad.
6. Poster title: Health Protection of Health Workers during the COVID-19 Pandemic Proceeding of Online National Congress of Coronavirus (COVID-19) 8 September 2020 by Islamic Azad University of Sari.
7. Poster title: Mindfulness Meditation as a Self-Care Practice in Mothers of children with cerebral palsy, International *Congress on Neuroscience*, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
8. Poster title: Role of yoga in the Control of Epilepsy, International *congress on Neuroscience*, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
9. Poster title: The effect of Yoga on children with attention deficit hyperactivity disorder. 2nd Amirhakimi pediatric congress, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
10. Poster title: Can Yoga intervention improve the Quality of life of women with breast cancer? International seminar of health of woman, Shiraz University of Medical Sciences, Shiraz, Iran, 2015.
11. Poster title: Improvement of quality of life in elderly patients with schizophrenia in Shiraz psychiatric hospital with exercises program, congress of elderly and health, Shiraz University of Medical Sciences, Shiraz, Iran, 2013.
12. Poster title: single-parent family and its consequences, family health congress, Tehran University of Medical Sciences, Tehran, Iran, 2013.
13. Poster title: The Effect of communication skills training to nurses on the patients' satisfaction in Moharreri hospital, provincial seminar of best quality in communication with patients and community, Shiraz University of Medical Sciences, Shiraz, Iran, 2013.

14. Oral presentation: The Quality of Life of Children with Hemophilia. Pediatric hematology congress, Ahvaz University of medical Sciences, Ahvaz, Iran, 2012.
15. Oral presentation, complementary medicine workshop, title: “yoga”, 2 times, Shiraz University of Medical Sciences, Shiraz, Iran, 2016.
16. Oral presentation, Infection control workshop, 5 times, Shiraz University of Medical Sciences, Shiraz, Iran, from 2015 to now
17. Oral presentation: Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia. International congress of hematology, Yasooj University of medical Sciences, Yasooj, Iran, 2015.
18. Oral presentation: Effect of self-care education intervention on the quality of life of mothers of children with hemophilia. Family-centered care seminar. school of nursing, Shiraz University of Medical Sciences, Shiraz, Iran, 2015.

VIII. Thesis Supervision and Advise ment

Years	Student	Title of Dissertation	Role	School/University
2017-2019	Hamed Ghasemloo	The Impact of Spousal Support Education for Fathers on Stress and Self-efficacy of Mothers in Care of Premature Neonates Hospitalized in Neonatal Intensive Care Unit of Shiraz University of Medical Sciences 2017	Advise ment	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2019-2020	Sedigheh Seddigh	The effect of applying virtual yoga technique on depression amongst female adolescents with type 1 diabetes referring to Imam Reza (AS) clinic Shiraz 2019	Advise ment	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran

2020 - 2023	Zahra Sharifi	The effect of spiritual care training based on "Sound Heart" model on self-efficacy in care and caregivers burden in mothers with leukemia children referring to Imam Reza (AS) clinic of Shiraz University of Medical Sciences- 2020	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2022- Up to now	Arman Sahraee	Investigating the predictive role of spiritual health, general health and family function on parental self-efficacy in caring for a child with leukemia referred to Imam Reza Clinic of Shiraz University of Medical Sciences, 2022 - 2023	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2022- Up to now	Fatemeh Tamaddon	The effect of self-compassion training on chronic sorrow and applying coping strategies in mothers of children with cerebral palsy referred to Imam Reza clinic of Shiraz in 2022	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran

IX. Research interests

- 1- Mental health nursing,
- 2- Pediatrics health
- 3- Nursing theories,
- 4- Quality of life in health and illness,
- 5- Yoga and mindfulness.

X. Language Skills

Upper intermediate