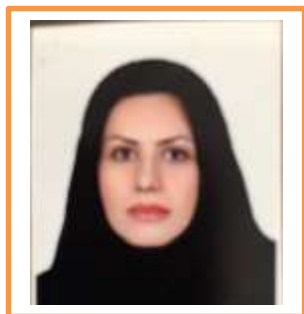


## Curriculum Vita



### Personal Data

First name: zahra

Family name:

keshtkaran

Place of Birth: Shiraz

Nationality: Iran

Marital status: single

### Work Address

Nursing Department, School of Nursing and Midwifery

Nemazee Square, Zand Blvd.,

Shiraz, Iran

Post code: 71936-13119

P.O. Box: 71345-1359

Tel: 0098

Fax: 0098 71136474252

E-mail: zkeshtkar@sums.ac.ir

### I. Education

<b>Years</b>	<b>Degree</b>	<b>Institution</b>	<b>Location</b>
1397	bachelor	Shiraz university of medical sciences	Shiraz
2002	master	"	"
2016	PhD	"	"

### II. Professional experience

<b>Years</b>	<b>Position</b>	<b>Institution</b>	<b>Location</b>
2005	Faculty member	Shiraz university of medical sciences/	Shiraz / Larestan

		Larestan nursing college	
2011-2015	Vice Chancellor for Research and Cultural Studentism	"	"
2016	Plenipotentiary representative of the educational deputy in the satellite colleges of Fars province	Shiraz university of medical sciences	Shiraz
2018	Head of Community Health Nursing Group	Shiraz university of medical sciences / nursing & midwifery college	Shiraz
2020	Vice Chancellor for Research and Cultural Studentism	Larestan college	larestan

### **III. Teaching experiences**

<b>Years</b>	<b>Course</b>	<b>University</b>	<b>Students</b>
2000-2015	Medical surgical nursing	Shiraz university of medical sciences / larestan nursing college	Bachelor of nursing
2000-2015	Critical care nursing	"	"
2000-2015	Community health nursing	"	"
2000-2015	Family planning	"	"
2016	Community health nursing	Shiraz university of medical sciences	"
2016	Individual and family health	"	"
2016	Health in operation room	"	"
2016	Public health	"	"
2017	Economic & health	"	Master of nursing
2017	Culture & nursing	"	"
2018	Health promotion & healthy life style	"	"
2018	Vulnerable group nursing	"	"
2018	Nursing theories	"	"
2018	Nursing theories	"	Phd of nursing
2018	Qualitative research methods	"	Phd of nursing
2018	Qualitative research methods	"	MPH
2018	Reproductive health of men & women	"	Master of nursing
2018	Health care systems	"	"
2018	Family health	"	MPH

#### **IV. Honors and Awards**

1. Acclaimed Faculty member of 2007
2. Active Researcher of 2008
3. Active Researcher of 2009
4. Active Researcher of 2013
5. Premier Educational process in 19<sup>th</sup> martyr Motahari festival 2016
6. Premier in written part ( university level) 22<sup>th</sup> Ghoran & Etrat festival 2017

#### **V. Membership**

1. Member of the large working group of 5 countries
2. Member of the group of educational assistants of the country's medical universities
3. Member of the research vice chancellor of the country's medical universities
4. Member of the group of cultural cultural students of the country

#### **VI. Publications:**

##### **A. Dissertations**

1. 2010, Impact of education on the in hip and knee osteoarthritis patients referred to rehabilitation centers of shiraz university of Medical Sciences, Hazrat Fatemeh Nursing college, Journal of Babol University of Medical Sciences, 12(1)
2. 2016, Critical Care Nurses' Lived experiences of caring for candidate brain death organ donor patients

##### **B. Articles**

1. Assessment of mood condition of Nursing staff and related factor in Namazi hospital, Scientific & Research Journal of Iran occupational health , Fall 2009; Vol: 6, Issue :3
2. Impact of education on the in hip and knee Osteoarthritis patients referred to rehabilitation centers of shiraz university of Medical Sciences, Scientific & Research Journal of Babol university of

medical sciences , 2010; Vol : 12 , No: 1

3.The effect of partnership care Model on depression of adolescents with  $\beta$ -thalassemia , Parviniannasab AM ,Rosta S, Vojdani3 MA , Dehghani , Keshtkaran Z , Shamsizade M , Abshorshori N ,Hannan K

4. Investigating Level of Knowledge, Attitudes and Practices of Health Personnel in Larestan regarding Andropause in 2010 .Zahra Keshtkaran, Ali Mohammad Parvinian nasab, Hannan Kashfi, Fatemeh Jourkesh Larestan nursing school, Shiraz University of Medical Sciences, Shiraz, Iran. urnal of Academic and Applied Studies (Special Issue on Applied Sciences),Vol. 3(8) August 2013, pp. 42-50

5.Students' readiness for and perception of inter-professional learning: a cross-sectional study Zahra Keshtkaran, Farkhondeh Sharif, Masoume Rambod. Nurse Education Today.2014

6. Level of marital satisfaction in couples living in Iran Medical Sciences , Volume : 4 | Issue : 4 | April 2015

7. Viewpoints of Educational and Clinical Staff in Shiraz University of Medical Sciences to Barriers Implementation of Evidence-Based Care. aumj. 2014; 3 (1) :23-32

8. Lived Experiences of Iranian Nurses Caring for Brain Death Organ Donor Patients: Caring as “Halo of Ambiguity and Doubt” Global Journal of Health Science; Vol. 8, No. 7; 2016

9. Identifying the Stressors in the Workplace and Usage Extend of the Coping Strategies for the Clinical Nurses of Larestan County. Journal of Advanced Pharmacy Education and Research, 8, pp. 13-19 , 2018

10. The study of epidemiological to attempted suicide in population under supervision of Larestan School of Medical Sciences during 2011-2014, Journal of Advanced Pharmacy Education and Research, 8, pp. 20-24 , 2018

11. Compassionate care among Iranian nurses caring for candidate brain death organ donor patients: A hermeneutic study, Revista Latinoamericana de Hipertension 13(3), pp. 272-277 , 2018

12. Compassionate Care among Iranian Nurses Caring for Candidate Brain Death Organ Donor Patients: A hermeneutic study  
Revista Latinoamericana de Hipertension  
13(3), pp. 265-270 , 2018
13. Impact of ten weeks interval training on femoral strength and estrogen hormone , Journal of Advanced Pharmacy Education and Research  
8, pp. 25-29 , 2018
14. Role-play versus lecture methods in community health volunteers ,  
Nurse Education Today 79, pp. 175-179 , 2019
15. The effects of melatonin supplementation on blood pressure in patients with metabolic disorders: a systematic review and meta-analysis of randomized controlled trials , Journal of Human Hypertension , 33(3),  
pp. 202-209 , 2019
16. The association between health literacy with hope and life satisfaction in mothers of children with type1 diabetes , International Journal of Pharmaceutical research ,12(1), pp. 824-829 ,2020
17. Zinc in depression: From development to treatment: A comparative/dose response meta-analysis of observational studies and randomized controlled trials , General Hospital Psychiatry , 2020
18. Correction: The effects of melatonin supplementation on blood pressure in patients with metabolic disorders: a systematic review and meta-analysis of randomized controlled trials (Journal of Human Hypertension, (2019), 33, 3, (202-209), 10.1038/s41371-019-0166-2)
19. Protective effects of pharmacological agents against aminoglycoside-induced nephrotoxicity: A systematic review , Expert Opinion on Drug Safety  
19(2), pp. 167-186 , 2020

### **C. Books**

-Writing of :

1- community health nursing (NVP)

Translation of :

1- Medical Surgical Nursing (GI) – Brunner &Suddarth’s -2008

2- Parts of "Fundamental of Nursing "(Potter and Perry)-2008

## **VII. Presentations in Congress**

1. Patients Rights Seminar, Fasa / shiraz, 2003 ;  
"Assessment of patients privacy by nursing staff of hospitals".
2. Stress Related Diseases, Shiraz, 2004; "stress and NES".  
- The first National Congress on Environment Occupation and Cancer in  
Tehran / Iran, 2006; "Electromagnetic fields and Cancer".
3. Obesity Seminar, Shiraz / Iran , 2006 ; "Green tea and obesity".
4. The 5th National Seminar of women's Health ,Shiraz / Iran, 2002;  
1- "Emotional Health during Pregnancy"  
2- "Health problems of Female prisoners"
5. Environment , Job & Cancer in Iran , Tehran/Iran, 2006 ;'  
Electromagnetic waves & Cancer '
6. 2nd International congress of breast cancer Tehran/Iran  
2007; Adaptation approach in breast cancer women under radiotherapy .
7. 3rd International congress of Breast cancer , Tehran/Iran , 2007 ;  
Assessment of Self care teaching on Breast Cancer women under  
radiotherapy .
8. Congress of Family & sexual Health, Tehran/Iran , 2007 ; Assessment  
of marital satisfaction in women referred to out patient department
9. Nursing of psychological Health Seminar , Larestan /Iran , 2007 ;  
Nursing Burnout
10. Health of Adolescents seminar , Shiraz / Iran , 2008 ;  
1- ' Sexual Addiction Syndrome'  
2- ' Suicide in Adolescents '
11. 4th International congress of Breast Cancer , Tehran /Iran , 2008;  
1- ' Breast cancer & daily consumption of aspirin'  
2- ' Caffeine use & breast cancer risk '  
3- 'Nicotine & breast cancer progress'

12. National Congress of Family , Tehran /Iran , 2008; - ‘Marital Satisfaction ‘
13. 5th International congress of Breast Cancer , Tehran /Iran ,2009 ;’  
Bright light therapy and insomnia in breast cancer’
14. Congress of Sport role in Children Health , Mash had /Iran , 2009;  
- ‘ Play and Social Skills in Children’
15. Congress of Communities of Surgeons of Iran ,Shiraz brand ,  
Shiraz/Iran , 2009;  
1-‘ Trauma Prevention’  
2-‘ PHTLS’  
3- ‘Trauma Nursing’
16. 2nd Seminar of Islamic & Iranian Medical , Shiraz/Iran ,2009; -  
‘Valerian effects on insomnia & anxiety’
17. 3rd National Congress & Workshop on high risk Behaviors ,Yazd  
/Iran , 2010;  
- ‘ Choking Game’
- 18.16th Congress of Iranian Society for Reproductive Medicine ,  
Shiraz/Iran, 2010 ;  
- The impact of acupuncture on in vitro fertilization  
outcome  
- Indication of mechanisms involved in improved  
sperm  
Parameters by zinc therapy  
- Andropause and male impotence : knowledge and  
Awareness  
- Life style & male infertility  
- Treating the cause of male impotence with herbal medicine
- 19. Men Health , Larestan/Shiraz/Iran , 2010 ;  
- Sexual impotency in men  
- Andropouse & osteoporosis in men  
- Mood changes in addicts under MMT referred to  
out patient Departments
20. Congress of colorectal cancer ,Shiraz /Iran , 2010 ;  
-‘ Calcium and colorectal Cancer prevention’  
- ‘ Gum chewing can reduces ileus after surgeries ‘



21. Seminar of Traditional & Islamic Medicine , Shiraz/Iran , 2011;  
 -‘ Effective Herbal medicines on Hair loss ‘  
 -‘ Amazing Therapeutic effects of *Mellisia officinalis* ‘
- 22.Seminar of Challenges & Strategies of Nursing Professional Promotion , Shiraz/Iran , 2011;  
 ‘ Promotion of nursing services by increasing motivation ‘
- 23.Family center care seminar , Shiraz/ Iran; 2014  
 ‘ lived experiences of intensive care nurses of brain dead organ donor patients candidate for organ transplantation : family care’
- 24.4th Iranian international conference on women’s health, Shiraz/ Iran; 2015  
 ‘ The effect of women’s employment on marital satisfaction among employed women and housewives and their husbands in lar city’
- 25.Qualitative research in health sciences , Yasuj/ Iran, 2015  
 ‘ caring of brain dead organ donor patients: caring as spiritual growth’
- 26.4th Annual congress on critical care, Tehran/ Iran; 2017  
 ‘The experiences of nurses working in critical care units dealing with brain dead patients candidate for organ transplantation
- 27.International Congress on Ethics in Science and Technology, 2017  
 ' Bad News : A challenge of caring for candidate brain death organ donor patients'
- 28.International Congress on Ethics in Science and Technology, 2017  
 ' Critical care nurses’ lived experiences of caring for candidate brain death organ donor patients: Compassionate care'
- 29.The 6th Annual Iranian ethical congress , 2017  
 ' Systematization of the moral life factor in health systems'  
 ' Customer-oriented professional ethics: A step towards promoting professional ethics in the health system '
- 30.The 6th National Nursing Ethical Congress , 2019  
 ' Teamwork A step towards promoting professional commitment and value: A quasi experimental study'

31. The 7th international conference on women's health , 2019  
' Educational empowerment of health volunteers by using educational participatory methods'
32. Shiraz International mHealth Congress, 2019  
' the effect of mobile using on psycho emotional and nocturnal sleep duration'
33. Iranian hematology and oncology association congress , 2019  
' The effect of training of self efficacy of patients with leukemia after hematopoietic stem cell transplantation'
34. The 4th international congress on Holy Prophet Mohammads' Tradition ( Sireye Nabavi) in medicine, 2019  
' spiritual health in Moslem patients with chronic illness according to Islamic- Iranian view'
35. The 3rd International Ergonomic and emerging challenges : mobile and teleworking, 2021  
' Establishing an appropriate organizational culture: a step towards the development of ergonomics and excellence in comprehensive health centers'
36. The 3rd International congress on social studies in health, 2020  
' factors associated with suicide attempt during the covid 19 pandemic'  
' Internet addiction is likely to increase in home quarantine caused by corona virus disease '
37. National conference of research achievement , 2021  
' Estimating incubation period in covid 19'
38. The 6th international conference of modern research in psychology , counseling and educational sciences , 2020  
' the relationship between emotional maturity and social emotional loneliness among dormitory students in Iran '

### **VIII. Thesis Supervision and Advisement**

<b>Years</b>	<b>Student</b>	<b>Title of Dissertation</b>	<b>Role</b>	<b>School/University</b>
2017	Master of nursing	The Assessment of relationship between Health literacy and lifestyle in secondary school students of Shiraz	supervisor	Nursing/ shiraz university of medical sciences

2017	"	The Association between Health Literacy with Hope and Life Satisfaction in mothers of children with type1 diabetic referred to Imam Reza Diabetes Clinic in Shiraz	"	"
2017	"	The effects of education based on planned behavioral model on perceived self efficacy and social support on patients referring mottahari clinic after hematopoetic stem cell transplantation, 2017	"	"
2017	"	Impact of educational implementation by multimedia based on health belief model on preventional behaviors of pediculosis contamination in primary school girl students	"	"
2017	"	Impact of self care education based on health promotion model on health promotion life style of hospital messenger staff	"	"
2020	"	The impact of education on social skills in preschool children based on gamification on the knowledge of health providers of selected comprehensive health centers in Shiraz, 2020.	"	"
		<b>Lived experience of Emergency Medical Technicians from taking care of patients with Life Threatening Trauma</b>	"	PhD
2018	"	The comparison of the effect of education with two methods of role playing and lecture on health knowledge of volunteers in the selected comprehensive health centers in Shiraz	advisor	Master of nursing
2018	"	The effect of education based on health belief model of Knowledge of mothers with children aged 1-3 years in the field of	"	"

		burn prevention referring to affiliated clinics of Shiraz University of Medical Sciences in		
2020		The effect of Pender's health promotion model on successful breastfeeding education for pregnant women in selected comprehensive health centers in Shiraz	"	"
2020		Designing, implementation and evaluation of colorectal cancer screening program based on social marketing theory, Yasuj, Iran	"	PhD
2018		Comparison of the effects of puberty health education for girls and mothers on girls' self-esteem in middle schools of the fourth educational district in Shiraz	"	"
2018		Exploring the experience of the operating room staff <b>from</b> occupational health and safety and designing and validating the related program		PhD

### **IX. Research interests**

1. Qualitative research
2. Research in education
3. Clinical education/ education

### **X. Language Skills**

Persian ; mother Language  
Arabic ; Reading  
English ; Reading / Writing